

# USA Boxing Boxers Uniform Guidelines 2023

1. Red and blue uniforms, in conjunction with the assigned corner are **HIGHLY** recommended for all amateur competitions-they are **NOT** required.
2. No nicknames or phrases will be permitted on the competition uniform.
3. Boxers **MUST BE** clean shaven.
4. Boxers are permitted to have last name screen printed or embroidered on the back of the jersey.
5. No adornment may be affixed to the trunks such as a metal or plastic objects, sequins, etc.
6. Boxers must wear a sleeveless athletic shirt (singlet, jersey, tank top), of a different color from the waistband of the trunks. **NO** sleeve cut off t-shirts are allowed!
7. Sponsors and/clubs logos will be permitted on competition uniform. Slogans must be a part of the sponsor and/or club logo to be included on the competition. Must get preapproval at weigh in.
8. Boxers must wear a pair of loose-fitting trunks that reach halfway down the thigh, no lower than the knees. The trunks must provide a waistband of a different color than the athletic shirt.
9. No tights maybe worn under competition trunks.
10. No knee braces with metal support may be worn.
11. No tape or brace supports may be worn on shoulders or elbows of the boxer competing.
12. Trunks cannot have fabric that is partially attached and therefore able to flap with the movement of the Boxer-this includes "gladiator/Thai" type trunks, fringe and tassels.
13. Boxers are permitted to have their last name embroidered onto the competition trunks if it is a different color from the competition singlet/jersey/tank top.
14. Boxers are not permitted to wear additional apparel other than the competition uniform into the ring or upon completion of the bout while in the ring before the announcement of the winner. No warmup t-shirt, sweatshirt in the ring. Boxer must be ready to box when they approach the ring.
15. If USA Boxing or Golden Gloves provides competition uniforms, those competition uniforms must be worn by all boxers.
16. No tape or binding of any kind will be permitted on the competition uniforms.
17. A **FULL** No Foul protector must be worn by male boxers.